

# TRAVEL & PACKING TIPS

Information that will enhance your stay in Punta San Carlos

## Bienvenidos Amigos!

We're excited that you're thinking about spending time with us. We've prepared a list of things to help you prepare for your trip. Please spend a few minutes to review this information. If you have any questions regarding your holiday or special needs, please call us. We look forward to sharing Punta San Carlos with you.

## Itinerary (standard travel week)

**Saturday** Your pre-scheduled trip begins on Saturday morning at 10:00am at Brown Field San Diego. From San Diego it is about 3 hours down to Punta San Carlos. There will be a stop in Ensenada airport to check-in with Mexican Customs. There is a Tourist Visa charge of about \$30-50 USD - check with your pilot prior to departure as this is subject to change without notice. Please eat a big breakfast before you leave San Diego as lunch will be about 1-2PM at camp in Punta San Carlos.



After lunch & an orientation briefing, the camphost will be taking a portrait photo of you with your harness to assist in recognizing you in action photos.

You will also be offered Gear Insurance - \$20 per \$100 of damage to gear. OK - it's time to engage in the sport of your choice or just relax & take in the view. The rest of the day is yours.

**Sunday morning** it's breakfast and off to your adventures. Then Sunday through Friday will be packed with wavesailing, kiteboarding, surfing/SUPing, eating, sleeping, hiking, mountain biking, relaxing, and enjoying the company of fellow campers.

**Following Saturday** On the following Saturday, we head back to San Diego at about 2-3PM. You should arrive in San Diego Brown Field between 5-6PM. There your prearranged ground transportation will take you to your hotel or the San Diego Airport. It is important that your domestic flight be at least 3 hours after your PSC flight arrival. In most cases a van will be leaving early Saturday morning taking any excess gear & other items. It will stop at Brown Field to drop off any guest items. In the morning we will ask you to remove your items from your tent so it can be prepared for guest arrivals that day. You will have time to shower & eat lunch before your planes departs. Check with your Camphost for any changes to this routine.

## Other Information

We will be traveling to a remote part of western Baja. There is no convenient access to phones, electricity, or shopping areas. In the event of an emergency we have the support van ready to assist or we can schedule an emergency flight. Your loved ones may call/e-mail the office to have a message relayed to us as we call in several times during the week. Please note: we can call out from Punta San Carlos via satellite phone but we cannot receive calls in.

**Internet - web, e-mail, phone** Internet is available to guests from our Camp Mac or PC computer for a few hours each day via satellite. Internet service is dependent on the weather. Due to our limited allotment of bandwidth per day, there is a policy to limit Internet usage to just web mail. Unfortunately, FACEBOOK is not a viable source of communication. Streaming of music & video or uploading/downloading of photos & video is not possible. A camphost is available to assist you with sending e-mail if you do not have a webmail account. We do not support WiFi at this time for iPads, cell phones or other WiFi devices. All connections are available via Ethernet cable. Please inquire prior to departure about situations that fall outside these services.

For those of you that would like to make phone calls from San Carlos, we also have a satellite phone. There is a \$5 per minute charge.

## CAMPSTORE & Gratuities

We have a campstore on-site that sells t-shirts, sweatshirts, hats & other items. It is customary to tip the cooking staff and camp hosts. The only guideline is whatever you feel is appropriate.

Tips may be given directly to the hosts or given to Kevin Trejo for later distribution.

Bring enough cash to meet your needs for Gear Insurance. souvenirs & tips.

## Things We Supply

Because of the 50lb weight limit for luggage, we supply certain items to help lighten the load. Keep in mind the size of your bag is important too as you will be flying in a small private plane with other guests. These include -

Computer  
Towel  
Camera tripod - on a check-out basis  
Bike & water helmets - on a check-out basis  
Body-wash & shampoo  
Sunscreen  
Hand Lotion

• All meals and snacks from Saturday lunch through the following Saturday lunch. SoloSports cooks up three hearty meals a day, leaving no one unsatisfied. ***If you have any special dietary requests, please contact Solo Sports at least two weeks prior to the trip with your dietary needs..***

• All camping equipment including a two-man tent for each person (couples may share a larger tent), warm sleeping bags, and deluxe 2" thick Thermarest sleeping pad. Your tent is on a large carpeted area.

• Windsurfing, Kiting, Surfing/SUPs. Mt. Bike equipment are included in your all inclusive price.

*More information on the reverse side*

SoloSports Adventure Holidays at Punta San Carlos, Baja California Mexico

## TRAVEL TIPS *continued*

*more things we provide continued*

- Surfboards/SUP - We have a variety of surfboards and SUPs for everyone to use in the mornings preceding the wind.
- Mountain Bikes - We have high-end mountain bikes for our guests. We suggest you bring your shoes and pedals.
- We have decades of experience traveling to the remote areas of Baja's West Coast. We can take you on a cultural tour of the local area.
- Plenty of beer and wine, hard liquor and tequila.

## PACKING TIPS for Punta San Carlos

### INVENTORY YOUR GEAR

*For those guys who feel they just have to use their own stuff or are undecided about our DEMO GEAR, read the webpage "Solo Test Center" first. SAH does not provide transportation for private gear but can recommend other forms of transport.*

Avoid airline sticker shock by checking excess baggage fees. You may find Demo Gear is the best, least expensive way to go. Check your gear before you go. Examine your harness for wear & tear. A word about sails & boards. Punta San Carlos is a great wave sailing location. The smooth water and side off conditions in the waves are perfect for wave gear. Leave the race & slalom gear at home. In moderate size surf, the beach break is a great place to improve your wave sailing. If all you have is slalom gear best use the Solo Demo Gear - you won't be disappointed.

### WATER WEAR

Punta San Carlos ocean and air temperatures are generally cool. Water averages between 53-60 degrees depending on the time of year. Most sailors bring a 4.3 wetsuit. If you are hearty, a 3.2. Spring is traditionally the coolest air & water. Summer - cool water/cool air, Fall - about as warm as it gets. Spring & Full suits (3.2) and if you are lucky- a vest or trunks on rare occasions. Inquire just before you leave about conditions. The wind is also cool and manages to penetrate the best of wetsuits over the course of your go-out. Hoods, booties and gloves are welcome accessories in the Spring. Bike gloves for the hands will keep you on the water pain free. Booties are year around due to the rocky bottom.

For those folks that just hate booties here's a Solo Staff tip - Fin Socks. These lightweight, thin neoprene socks used by those who wear swim fins, allow you to keep your foot straps in the same settings. Advantages - your feet slide easily into the strap without the danger of snagging the little toe. Protects from those nasty mussel shells and provides a limited comfort from the cold. Available from DaKine or your favorite surf shop. Price? About \$12-\$20.

### CLOTHING

Spring is traditionally cool day & night with periods of downright North Atlantic. UGG boots are the all around foot wear. Warm wind resistant jackets, ski caps & sweaters for night are normally OK. During the day T-shirts and shorts or sweat pants. Summer, fall & winter require a series of wardrobe changes. At sun-up its UGGs, jackets & sweatpants. As the Sun clears the top of the mesa - shorts, t-shirts and slaps for most of the day with UGGs & jackets in the evening. Hats are necessary for sun protection, wool caps for evening. Sweatshirts & wool caps available in the Campstore. World weather is flukey - best inquire before you leave.

A word about shoes - 3 ought to do it - 1) good, tough walking/hiking shoes 2) slaps for the beach 3) UGGs for nighttime (leave the bunny slippers at home).

### For Fly-In Guests

Please pack a small bag with your passport, wetsuit, harness, , and a change of clothes. Your luggage will arrive at camp later that evening. Towels are available at camp

### LAPTOPS, TABLETS & SMART PHONES (oh my!)

There are 2 camp computer for checking e-mails. If you are flying in, you may wish to leave your laptop at home. If you use a smart phone or tablet - be advised - we don't offer WiFi.

### LUGGAGE

Weights are a critical factor for small planes & with fuel prices soaring, airlines have been revising their baggage requirements & fees. There is a 50lb limit on luggage for your PSC flight as well as size. Remember - you are flying in a small private plane with other guests. Go small & light.

### MEDICATION

Advil for just about everything from sore muscles to Tequila abuse. The Campo maintains a good first aid center but you should bring your own over the counter pain reliever. SAH provides SUNSCREEN lip balm & contact lens items are your responsibility.

*SPECIAL NOTE - If you have any medical conditions that may be complicated by first aid, advise SoloSports in advance.*

### BATTERIES

For electronic devices that require charged batteries - bring extra! Portable CD players or digital music players with your favorite music are the perfect way to enjoy all the great scenes Punta San Carlos has to offer.

### PHOTOGRAPHY

BRING YOUR CAMERA! - be it Digital or Video. Charge and or replace your batteries right before departure and bring a spare. If you haven't used your camera for a while - give it a dry run to correct any issues you may have. Most weeks there is a pro photog available for help. SAH campo does have tripods available.

**Digital users....**bring extra memory card/sticks. 1 or 2 gig volumes work great. The Campo does have limited electrical outlets for charging, so depending on how many digital users there are, will dictate availability.

Bring an empty 8gig SD card or USB 3.0 Flash drive for photos our staff may take of you.

### MONEY & GOODIES

Your SoloSports Adventure is all inclusive with the exception of any voluntary gratuity for the staff and purchases from our CAMPSTORE. You may wish to purchase tequila, clothing, jewelry or other souvenirs for the folks back home. If using a credit card, there is a \$50 minimum and 5% surcharge. For your convenience, you may wish to prepay a SoloSports gift card for no hassle buying.

### DOCUMENTATION

You must have a valid passport or Passport card. Non US residents - confirm check with the State Dept. web site for updated info -

### FIREARMS, OTHER ILLEGALS & PETS

It is illegal to possess guns in Mexico. SoloSports does not allow firearms of any kind at Punta San Carlos....including Paint Guns. Mexican law enforcement takes a tough stance on infractions, so please leave them at home.

### *Medical Marijuana is illegal in Mexico*

As for other illegals....remember you are traveling with a group and put everyone at risk. Best stay squeaky clean.

**PETS** - Sorry your favorite pooch, cat, gerbil or gold fish will fair better at home.... come to think of it, we have a recipe for all of them, served separately of course - seriously no pets.

*One more page to view*

**SoloSports Adventure Holidays at Punta San Carlos, Baja California Mexico**

## Things for You to Bring

• **IMPORTANT** – U.S. Citizens: You will need a valid passport, or valid State Department documentation (see U.S. State Department web site) to return to the United States. Copies of these documents will not work.

*NOTE: a valid passport is required for all air travel returning from Baja to the United States*

• **IMPORTANT** – Non U.S. Citizens: You will need a current ID such as a valid passport and or visa to return to the United States. You should confirm your travel plans with your embassy prior to travel to ensure there will be no problems.

## Quick Tip Reminder for Packing

- 8 gig minimum SD card or USB 3.0 Flash Drive for any photos we take of you during your holiday.
- Sunglasses, wide brim floppy hat works best.
- Books/Magazines/iPods/iPads headsets we do have a camp library for guests. Kindles are a great way to read.
- Travel camera and/or video with extra batteries
- Extra cash for travel days and souvenirs
- Bike shoes, clip less pedals (optional)
- Flashlight, headlamp and batteries
- Warm clothes for night, light clothes for day
- Running or hiking shoes with appropriate socks
- toiletries kit (toothpaste/brush, razor etc.)



*Don't forget - Have your wallet, wetsuit, harness & a change of clothes in a separate bag or back pack for use when you arrive in Punta San Carlos in the event there are space issues on the aircraft.*

## CAMP RESOURCES

Our Punta San Carlos Campo is almost totally self sufficient. We make our own electrical power from solar, wind and fuel. It is a precious delicate resource that requires all of us to be prudent in our usage. Internet use does have daily allotments of bandwidth from our provider that when depleted, severely restricts further use for that 24 hr. time period. When you arrive, the Camphost will explain conditions for Internet use. Our fresh water is delivered from town 50 miles away. Drinking water is also delivered. Every guest is allowed 1 hot shower a day. There is usually enough of all these resources for everyone to have a good time - weather permitting.



## Recommended Hotel Information - San Diego

**Harbor View Days Inn**  
1919 Pacific Hwy.  
San Diego, CA 92101  
(800) 822-2820 or  
(619) 232-1077

**Bayview Super 8**  
1835 Columbia St.  
San Diego, CA 92101  
(619) 544-0164

For people flying into San Diego, once you arrive at the airport - if you are staying at the Harbor View Days Inn, jump on the nearest Cloud 9 shuttle and tell them you want to go to the "Harbor View - Days Inn."

• If you are staying at the Bayview Super 8 call the hotel for a shuttle. (619) 544-0164

• For all other hotels please check with your hotel .

## Land transportation & your Luggage

You are responsible for transportation to Brown Field for your PSC flight.

Please note that if you are bringing your own gear, you must advise our reservations dept. in advance as SAH does not offer transportation for sports or other gear. Special arrangements may be made which will include additional expense.

• If you are planning to travel with your own gear you will need to make arrangements with one of the shuttle companies for transportation of your equipment.

• Please notify the hotel you are staying in that you will be traveling with sailing gear. It might be possible to get a 1st floor room.

• Very important! - There are nine Days Inns in San Diego (i.e. Days Inn Downtown, Days Inn Suites, Airport Days Inn) Make sure you have the address for your reservation for your driver.

For shuttle service that will take gear

**Cloud 9 Shuttle.com (858) 974-8885**

**Sea Top Shuttle (619) 222-2744 (Tony -Ops Mgr.)**

**Orange Cab Co. (619) 223-5555**

## QUESTIONS?

**Call our sales staff for more information or add this option on to your reservation.**

**Call 949.289.7779 or  
baja@solosports.net**

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