

TRAVEL & PACKING TIPS

Information that will enhance your stay in Punta San Carlos

Bienvenidos Amigos!

We're excited that you're thinking about spending time with us. We've prepared a list of things to help you prepare for your trip. Please spend a few minutes to review this information. If you have any questions regarding your holiday or special needs, please call us. We look forward to sharing Punta San Carlos with you.

Itinerary (standard travel week)

Saturday Your per-scheduled trip begins on Saturday morning. Please be at Brown Field San Diego by 10:30am for an 11am departure. From San Diego it is about 2(+) hours down to Punta San Carlos. There will be a stop at a port of entry airport to check-in with Mexican Customs. There is a Tourist Visa charge of about \$30-50 USD - check with your pilot prior to departure as this is subject to change without notice. Please eat a big breakfast before you leave San Diego as lunch will be about 1-2PM at camp in Punta San Carlos.



After lunch & an orientation briefing, the camphost will be taking a portrait photo of you with your harness to assist in recognizing you in action photos.

You will also be offered Gear Insurance - \$20 per \$100 of damage to gear. OK - it's time to engage in the sport of your choice or just relax & take in the view. The rest of the day is yours.

Sunday morning it's breakfast and off to your adventures. Then Sunday through Friday will be packed with wavesailing, kiteboarding, surfing/SUPing, eating, sleeping, hiking, mountain biking, relaxing, and enjoying the company of fellow campers.

Following Saturday On the following Saturday, we head back to San Diego at about 2-3PM. You should arrive in San Diego Brown Field between 5-6PM. There your prearranged ground transportation will take you to your hotel or the San Diego Airport. It is important that your domestic flight be at least 3 hours after your PSC flight arrival. In the morning we will ask you to remove your items from your tent so it can be prepared for guest arrivals that day. You will have time to shower & eat lunch before your planes departs. Check with your Camphost for any changes to this routine.

Other Information

We will be traveling to a remote part of western Baja. There is no convenient access to phones, electricity, or shopping areas. In the event of an emergency we have the support van ready to assist or we can schedule an emergency flight. Your loved ones may call/e-mail the office to have a message relayed to us as we call in several times during the week. Please note: we can call out from Punta San Carlos via satellite phone but we cannot receive calls in.

Internet - web, e-mail, phone Internet is available to guests from our Camp Mac or PC computer for a few hours each day via satellite. Internet service is dependent on the weather. Due to our limited allotment of bandwidth per day, there is a policy to limit Internet usage to just web mail. Unfortunately, FACEBOOK is not a viable source of communication. Streaming of music & video or uploading/downloading of photos & video is not possible. A camphost is available to assist you with sending e-mail if you do not have a webmail account. We do not have WiFi at this time for iPads, cell phones or other WiFi devices. All connections are available via Ethernet cable. Please inquire prior to departure about situations that fall outside these services.

For those of you that would like to make phone calls from San Carlos, we also have a satellite phone. There is a \$5 per minute charge.

CAMPSTORE & Gratuities

We have a campstore on-site that sells t-shirts, sweatshirts, hats & other items. It is customary to tip the cooking staff and camp hosts. The only guideline is whatever you feel is appropriate. Tips may be given directly to the hosts or given to Kevin Trejo for later distribution.

Bring enough cash to meet your needs for Gear Insurance. souvenirs & tips.

Things We Supply

Because of the 50lb weight limit for luggage, we supply certain items to help lighten the load. Keep in mind the size of your bag is important too as you will be flying in a small private plane with other guests. These include -

Computer
Towel
Camera tripod - on a check-out basis
Bike & water helmets - on a check-out basis
Body-wash & shampoo
Sunscreen
Hand Lotion

• All meals and snacks from Saturday lunch through the following Saturday lunch. SoloSports cooks up three hearty meals a day, leaving no one unsatisfied. ***If you have any special dietary requests, please contact Solo Sports at least two weeks prior to the trip with your dietary needs..***

• All camping equipment including a two-man tent for each person (couples will have 2 tents), warm sleeping bags, and deluxe 2" thick Thermarest sleeping pad. Your tent is on a large carpeted area.

• Windsurfing, Kiting, Surfing/SUPs. Mt. Bike equipment are included in your all inclusive price.

More information on the reverse side

SoloSports Adventure Holidays at Punta San Carlos, Baja California Mexico

TRAVEL TIPS *continued*

more things we provide continued

- Surfboards/SUP - We have a variety of surfboards and SUPs for everyone to use in the mornings preceding the wind.
- Mountain Bikes - We have high-end mountain bikes for our guests. We suggest you bring your shoes and pedals.
- We have decades of experience traveling to the remote areas of Baja's West Coast. We can take you on a cultural of the local area.
- Plenty of beer and wine, hard liquor and tequila.

PACKING TIPS for Punta San Carlos

WATER WEAR

Punta San Carlos ocean and air temperatures are generally cool. Water averages between 53-60 degrees depending on the time of year. Most sailors bring a 4.3 wetsuit. If you are hearty, a 3.2. Spring is traditionally the coolest air & water. Summer - cool water/cool air, Fall - about as warm as it gets. Spring & Full suits (3.2) and if you are lucky- a vest or trunks on rare occasions. Inquire just before you leave about conditions. The wind is also cool and manages to penetrate the best of wetsuits over the course of your go-out. Hoods, booties and gloves are welcome accessories in the Spring. Bike gloves for the hands will keep you on the water pain free. Booties are year around due to the rocky bottom.

For those folks that just hate booties here's a Solo Staff tip - Fin Socks. These lightweight, thin neoprene socks used by those who wear swim fins, allow you to keep your foot straps in the same settings. Advantages - your feet slide easily into the strap without the danger of snagging the little toe. Protects from those nasty mussel shells and provides a limited comfort from the cold. Available from DaKine or your favorite surf shop. Price? About \$12-\$20.

You should examine your harness for wear & tear. prior to arriving

CLOTHING

Spring is traditionally cool day & night with periods of downright North Atlantic. UGG boots are the all around foot wear. Warm wind resistant jackets, ski caps & sweaters for night are normally OK. During the day T-shirts and shorts or sweat pants. Summer, fall & winter require a series of wardrobe changes. At sun-up its UGGs, jackets & sweatpants. As the Sun clears the top of the mesa - shorts, t-shirts and slaps for most of the day with UGGs & jackets in the evening. Hats are necessary for sun protection, wool caps for evening. Sweatshirts & wool caps available in the Campstore. World weather is flukey - best inquire before you leave.

A word about shoes - 3 ought to do it - 1) good, tough walking/hiking shoes 2) slaps for the beach 3) UGGs for nighttime (leave the bunny slippers at home).

LAPTOPS, TABLETS & SMART PHONES (oh my!)

There are 2 camp computer for checking e-mails. To save weight, you may wish to leave your laptop at home. If you use a smart phone or tablet - be advised - we don't have WiFi.

LUGGAGE

Weights are a critical factor for small planes & with fuel prices soaring, airlines have been revising their baggage requirements & fees. There is a 50lb limit on luggage for your PSC flight as well as size. Remember - you are flying in a small private plane with other guests. Go small, soft & light.

MEDICATION

Advil for just about everything from sore muscles to Tequila abuse. The Campo maintains a good first aid center but you should bring your own over the counter pain reliever. SAH provides SUNSCREEN however lip balm is your responsibility.

SPECIAL NOTE - If you have any medical conditions that may be complicated by first aid, advise SoloSports in advance.

BATTERIES

For electronic devices that require charged batteries - bring extra! Digital music players or your smart phone tablet with your favorite music are the perfect way to enjoy all the great scenes Punta San Carlos has to offer.

PHOTOGRAPHY

BRING YOUR SMART PHONE or TABLET for photos or Video. Charge and or replace your batteries right before departure and bring a spare. SAH campo does have tripods available.

Digital users....bring extra memory card/sticks. 1 or 2 gig volumes work great. The Campo does have limited electrical outlets for charging, so depending on how many digital users there are, will dictate availability.

Bring an empty 8 gig SD card or USB 3.0 Flash drive for photos our staff may take of you.

MONEY & GOODIES

Your SoloSports Adventure is all inclusive with the exception of any voluntary gratuity for the staff and purchases from our CAMPSTORE. You may wish to purchase tequila, clothing, jewelry or other souvenirs for the folks back home. If using a credit card, there is a \$50 minimum and 5% surcharge. For your convenience, you may wish to prepay a SoloSports gift card for no hassle buying.

DOCUMENTATION

You must have a valid passport or Passport card. Non US residents - confirm check with the State Dept. web site for updated info -

FIREARMS, OTHER ILLEGALS & PETS

It is illegal to possess guns in Mexico. SoloSports does not allow firearms of any kind at Punta San Carlos....including Paint Guns. Mexican law enforcement takes a tough stance on infractions, so please leave them at home.

Medical Marijuana is illegal in Mexico

As for other illegals.....remember you are traveling with a group and put everyone at risk. Best stay squeaky clean.

PETS - Sorry your favorite pooch, cat, gerbil or gold fish will fair better at home.... come to think of it, we have a recipe for all of them, served separately of course - seriously no pets.

One more page to view

Things for You to Bring

• **IMPORTANT** – U.S. Citizens: You will need a valid passport, or valid State Department documentation (see U.S. State Department web site) to return to the United States. Copies of these documents will not work.

NOTE: a valid passport is required for all air travel returning from Baja to the United States

• **IMPORTANT** – Non U.S. Citizens: You will need a current ID such as a valid passport and or visa to return to the United States. You should confirm your travel plans with your embassy prior to travel to ensure there will be no problems.

Quick Tip Reminder for Packing

- 8 gig minimum SD card or USB 3.0 Flash Drive for any photos we take of you during your holiday.
- Sunglasses, wide brim floppy hat works best.
- Books/Magazines/iPods/iPads headsets we do have a camp library for guests. Kindles are a great way to read.
- Smart phone for photos & video
- Extra cash for travel days and souvenirs
- Bike shoes, clip less pedals (optional)
- Flashlight, headlamp and batteries
- Warm clothes for night, light clothes for day
- Running or hiking shoes with appropriate socks
- toiletries kit (toothpaste/brush, razor etc.)



CAMP RESOURCES

Our Punta San Carlos Campo is almost totally self sufficient. We make our own electrical power from solar and wind. It is a precious delicate resource that requires all of us to be prudent in our usage. Internet use does have daily allotments of bandwidth from our provider that when depleted, severely restricts further use for that 24 hr. time period. When you arrive, the Camphost will explain conditions for Internet use. Our fresh water is delivered from town 50 miles away. Drinking water is also delivered. Every guest is allowed 1 hot shower a day. There is usually enough of all these resources for everyone to have a good time - weather permitting.



Recommended Hotel Information - San Diego

Days Inn Harbor View Bayview Super 8

1919 Pacific Hwy.
San Diego, CA 92101
(800) 822-2820 or
(619) 232-1077

1835 Columbia St.
San Diego, CA 92101
(619) 544-0164

For people flying into San Diego, once you arrive at the airport - if you are staying at the Harbor View Days Inn, take a taxi and tell them you want to go to the "Days Inn Harbor View ."

• If you are staying at the Bayview Super 8 call the hotel for a shuttle. (619) 544-0164

• For all other hotels please check with your hotel .

Land transportation & your Luggage

You are responsible for transportation to & from Brown Field for your PSC flight. We recommend Joe Ruiz -listed below

Very important! - There are nine Days Inns in San Diego (i.e. Days Inn Downtown, Days Inn Suites, Airport Days Inn) Make sure you have the address for your reservation for your driver.

Joe Ruiz Brown Field Transportation (619) 649-5557

joeksdm@yahoo.com

Orange Cab Co. (619) 223-5555



QUESTIONS?

Call our sales staff for more information and reservations.

**Call 949.289.7779 or
baja@solosports.net**

SoloSports Adventure Holidays at Punta San Carlos, Baja California Mexico

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